

**CORRELATION BETWEEN *TAWAKKAL* AND TENDENCY
OF PROCRASTINATION TO PERCEIVED SELF REGULATION
OF COLLEGE STUDENTS
IN IAIN (STATE INSTITUTE FOR ISLAMIC STUDIES)
WALISONGO SEMARANG**



THESIS

Submitted to Ushuluddin Faculty in Partial Fulfillment of
the requirements for the Degree of S-1 of Islamic Theology
On Tasawuf and Phsycotheraphy Departement

By:

NURROTUN NIKMAH

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**USHULUDDIN FACULTY
STATE INSTITUTE FOR ISLAMIC STUDIES (IAIN)
WALISONGO
SEMARANG
2013**

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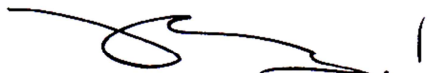
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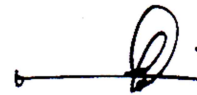
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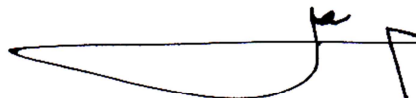
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DECLARATION

I declare that this thesis is definitely my own work. I am completely responsible for content of this thesis. Other writer's opinions or findings included in the thesis are quoted or cited in accordance with ethical standards.

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MOTTO

وَمَنْ يَتَّقِ اللَّهَ يَجْعَلْ لَهُ مَخْرَجاً ﴿٢﴾ وَيَرْزُقْهُ مِنْ حَيْثُ لَا يَحْتَسِبُ وَمَنْ يَتَوَكَّلْ عَلَى اللَّهِ فَهُوَ
حَسْبُهُ إِنَّ اللَّهَ بَالِغُ أَمْرِهِ قَدْ جَعَلَ اللَّهُ لِكُلِّ شَيْءٍ قَدْرًا ﴿٣﴾

“And if any one puts his trust in Allah, sufficient is (Allah) for him. For Allah will surely accomplish his purpose: verily, for all things has Allah appointed a due proportion”

Q.S At-Talāq [65]: 2-3

إِنَّ مَعَ الْعُسْرِ يُسْرًا ﴿٦﴾

“Verily, with every difficulty there is relief”.

Qs. Al-Insyirah [94]: 6

DEDICATION

This thesis is dedicated to:

My dear parents;

Mr. Ahmad Rodli and Mrs. Suparmi

My Beloved brothers and sister;

Mas Imron, Mbak Aqid, Dek Faiq and Dek Kafi

My precious heart, Mas Shohibul Habib, rise up and win!

A nice big family FUPK Depag 2009

Everybody who appreciate a work and who never give up to study

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Semarang, December 17, 2013

The Writer,

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ABSTRACT

Author : Nurrotun Nikmah
Title : Correlation between *tawakkal* and tendency of procrastination to perceived self regulation of college students in IAIN (State Institute for Islamic Studies) Walisongo Semarang
Institute : State Institute for Islamic Studies (IAIN) Walisongo Semarang
Faculty : Uşūluddīn
Department : Tasawuf and Psychotherapy (TP)

College students have responsibility that is accomplishing thesis. In the fact some students has many problems. Procrastination is common problem in psychology site, have meaning delay or putting of something to do tomorrow.

The purpose of this research is to test empirically wether negative correlation between *tawakkal* and tendency of procrastination to perceived self regulation of college students in IAIN Walisongo Semarang.

The sampling technique uses purposive sampling, which is the total of responden decided by researcher based on certain characteristic. Hypothesis test using statistic Partial correlation helped by SPSS Windows version 16.

Before hypothesis test, first to test assumption for normality and linearity test. And the result of hypothesis using Partial correlation analysis can be obtained coefficient r is $-0,129$, and $P = 0,202 > 0,001$. It means that there is no significant correlation between *tawakkal* and tendency of procrastination with control for self regulation. But there is significant correlation between *tawakkal* and tendency of procrastination with coefficient r is $-0,466$ and $P = 0,000 < 0,001$. In addition, correlation between *tawakkal* and self-regulation can be seen with coefficient r is $0,661$ and $P = 0,000 < 0,001$ it means significant. Then correlation between self regulation and tendency of procrastination with coefficient r is $-0,586$, and $P = 0,000 < 0,001$. And correlation between self regulation and tendency of procrastination with control for *tawakkal* the coefficient r is $-0,419$, and $P = 0,000 < 0,001$. it means significant.

TRANSLITERATION*

VOWEL LETTERS

ā	a long spelling
ī	i long spelling
ū	u long spelling

ARABIC LETTER	WRITTEN	NAME
ا	no symbol	Alif
ب	B	ba
ت	T	Ta
ث	ṡ	ṡa
ج	J	Jim
ح	ḥ	ḥa
خ	Kh	Kha
د	D	Dal
ذ	ẓ	ẓal
ر	R	Ra
ز	Z	Zai
س	S	Sin
ش	Sy	Syin
ص	ṣ	ṣad
ض	ḍ	ḍad
ط	ṭ	ṭa
ظ	ẓ	ẓa
ع	‘	‘ain

* Quoted from Hasan Asy’ari Ulama’i (Ed), *Pedoman Penulisan Skripsi*, Fakultas Ushuluddin IAIN Walisongo, Semarang, 2013, p.130-132.

غ	G	Gain
ف	F	Fa
ق	Q	Qaf
ك	K	Kaf
ل	L	Lam
م	M	Mim
ن	N	Nun
و	W	Wau
هـ	H	Ha
ي	Y	Ya

* All of the Quranic verses translation is taken from Abdullah Yusuf Ali's Quranic translation/ interpretation; Abdullah Yusuf Ali, *The Holy Qur'an, Text, Translation and Commentary*, New Delhi, Goodwords Book, 2009.