

CHAPTER V CONCLUSION

A. Conclusion

From research that have been done, it can be concluded that there is no significant correlation between *tawakkal* and tendency of procrastination if control for self-regulation. Hypothesis of this research is rightly answered. The result of partial correlation show that coefficient r is $-0,129$ with $P = 0,202 > 0,001$. It means not significant. It show that *tawakkal* have to line in make endeavor like regulate self in the daily activity so that will decrease procrastination.

Beside, there is significant correlation between *tawakkal* and tendency of procrastination with coefficient r is $-0,466$ and $P = 0,00 < 0,001$. And correlation between *tawakkal* and self regulation can be seen with coefficient r is $0,661$ and $P = 0,00 < 0,001$ it means significant. Then correlation between self-regulation and tendency of procrastination ith r coefficient r is $-0,586$, and $P = 0,00 < 0,001$. And correlation between self regulation and tendency of procrastination with control for *tawakkal* the coefficient r is $-0,419$, and $P = 0,00 < 0,001$. it means significant. So that, beside *tawakkal*, to decrease procrastination have to make an effort like self-regulation. The higher the level of *tawakkal* and self-regulation make the level of tendency of procrastination low.

B. Suggestion

Technically, this research has been finished. But actually it is far from perfect, but researher has many suggestion as below:

- a. The result of this research expected to add treasure of knowledge especially in the field of Tasawuf and Psychotherapy. Both, the kind reader can apply the attitude of *tawakkal* or self-regulation practically to reduce the tendency of procrastination.
- b. Especially to college student and for common to avoid procrastination as much as possible.

- c. to the next researcher that interested to do similar research can develop by add another variable or using another statistical model.
- d. The researcher aware that this research have many limitation and so far from perfect. So the next researcher suggest to add the another variable that give influence the *tawakkal*, self regulation, and also tendency of procrastination, and representative sample to get actual result.

C. Closing

Praise unto Allah SWT., finally researcher can finish this thesis. And this thesis still any weakness either in language, methodology, or analysis. Therefore hopefully the critics and suggestion from readers make this thesis better. *Āmīn*.