TREATMENT ON LESBIAN IN THE PERSPECTIVE OF
ISLAMIC PSYCHOLOGY:
A Study on LWI (Lesbian World Indonesia) Semarang

PROPOSAL MINI-THESIS

Submitted to Faculty of Ushuluddin
to Fulfill a Requirement to Gain Undergraduate Degree
in Tasawuf-Psikoterapi

By:
Zahrotuzzuhurin Nadwah
094411059

SPECIAL PROGRAM OF USHULUDDIN FACULTY
STATE INSTITUTE OF ISLAMIC STUDIES
(IAIN) WALISONGO SEMARANG
2013
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Semarang, June 12, 2013.
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Dear Sir,
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Assalamu’alaikum Wr. Wb.

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I certify that this thesis is definitely my own work. I am completely responsible for content of this thesis. Other writer’s opinions or findings included in the thesis are quoted or cited in accordance with ethical standard.

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The writer’s

Zahrotuzzuhurin Nadwah
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MOTTO

“Inna ma’a al-‘usri yusra”
----Q.S al-Inshirah: 6----
DEDICATION

The mini-thesis is dedicated to:
My dear parents: Mr. H. Acmad Thohir and Mrs. Hj. SW. Qurrotul Uyun, love and respect are always for you. Thank you for the hard efforts in making my education success.
❖
My beloved sister Asyiroh Yulia Agustina, S.E.I, Khansa Nailul Muna, Wardah Nazilatuz Salwa and Jihan Nadiatul Hana. Keep on your study and reach your dream.
❖
My big family of FUPK DEPAG and everybody who appreciates a work
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Last but not least, I would like to thank my friends from FUPK DEPAG, FUPK-DIPA, my friend in dormitory and all of my friend who supported me to keep my spirit in finishing this papers.
**TRANSLITERATION**

**Vowel letters**

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ABSTRACT

Formation of sexual identity in childhood has an important influence in the direction of its development, especially in the development of her character. Giving education that is not in accordance with their development will cause interference or irregularities in the future. This disorder can occur when a child is in phase phallic. In phase phallic children start developing disorders Oedipus complex, where it is marked with a child who wants something that is the opposite sex, in which the girls called the penis envoy and castration anxiety for male. This if left unchecked and not get treatment it will cause other disorders at later stages of development, and disorder in the later stages it can be up on stage gay or lesbian. So when a person is having sexual problems such as lesbian, then treatment in the form of Islamic psychology can be given to them.

Formulation of the problem in this research is, what are the strategies to treat lesbian according to Islamic psychology? . This is because researcher wants to find good treatment which is given to lesbian.

The method which used by researcher is descriptive qualitative research, with using phenomenology approach. For researcher to get comprehensive understanding about lesbian live, phenomenology is the right approach to use. This is because of in phenomenology, more research is required to examine and explore life when approaching the subject, wherein the subject itself here consists of three people, and all three are about the same age 23 years.

The results Showed that are can be reached with three steps, namely therapy of relaxation progressive, positive thinking and meditation dzikir. This therapy also must received support from family and guidance religion for accelerate the process the healing.