

**TREATMENT OF PATIENT MENTAL DISORDER IN A>T-TAQI<
BOARDING SCHOOL KALIPUCANG KULON WELAHAN JEPARA**



THESIS

Submitted to the Ushu>luddi<n Faculty in partial fulfillment of the requirements
for the Degree of S-I of Islamic Theology on Tas}awuf and psychotherapy.
Departement.

By:

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**TAS}AWUF AND PSYCHOTHERAPY
SPECIAL PROGRAM OF USHU>LUDDI<N FACULTY
STATE INSTITUTE OF ISLAMIC STUDIES
(IAIN) WALISONGO SEMARANG**

2014

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I declare that this thesis is definitely my own work. I am completely responsible for content of this thesis. Other writer's opinions or findings included in the thesis are quoted or cited in accordance with ethical standards.

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The writer,

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MOTTO

﴿٨٠﴾ وَإِذَا مَرِضْتُ فَهُوَ يَشْفِينِ

“And when I am ill, it is He Who cures me.”

QS. A>syu’ara [26]:80.

ABSTRACT

Mental disorder is a change of soul someone who has experienced of barriers, obstacles in the face of a human life problems and it cannot resolve the problems so that the mind (cognitive), feeling (affective) and behavior (kognatif) of a human life is not in accordance with the norms or cultural and interfere with the function social, employment and the individual person.

Then mental disorder needs a treatment as a tool to help heal someone from a mental disorder. From the survey results that the researcher has gotten, that in a>t taqi< boarding school contained treatment that has been applied by KH. Nur Kholis for care to patient mental disorder. Departing from here then the researcher are interested in examining patients who are in a>t-taqi< boarding school by using a treatment that has been applied in that cottage by the title "*treatment of patient mental disorder in a>t-Taqi< boarding school kalipucang kulon Welahan Jepara*".

To achieve of purpose it, then researcher is establishing qualitative research that descriptive nature. Where is this research more trade on human as solution (*key*) information. Then, on this qualitative research is doing inductive data analysis, make a target research on work to find the theory from base, descriptive nature, more important process than result. Form collecting data method is using observation, interview and documentation.

From flied descriptive analysis so research conducted by the researcher on a>t-Taqi< boarding school that the treatment is applied by KH. Nur Kholis is through Islamic religious activities such as zikir, sholat, and thaharoh from that activities are four meaning in therapy, there are religious therapy, supportive therapy, relaxation therapy and educational therapy that shows effective results when patients perform continuous treatment with the support from within the patient to be able to quickly recover.

ACKNOWLEDGEMENT

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

Glory to God who created all, to man He gave special place in his creation. He honored man to be His agent, and to that end, endowed with understanding, purified his affections and gave him spiritual insight. So that man should understand nature, understand him, and know God through His wondrous Signs. Glory Him in truth, reverence, and unity.

The glorious God who sent Muhammad (PBUH) as Messenger, preaching and working in the dim twilight of history. He stood for all humanity, orphans, and women, slaves, whom the world neglected or oppressed. And he comes to me, bringing the light to lighten the shadow, disclosing the cover of my indecision and inspiring me with his love to keep struggling, to win God's gifts. This final assignment entitled **“Treatment of Mental Disorders Patients at A>t Taqi< Boarding School Kalipucang Kulon Welahan Jepara.”** will not be finished if not with the help and encouragement of those who always take their time to help me accomplishing this final task. Likewise, nothing I can convey except the thanks coming sincerely from the deepest of my heart for their contributions to give moral and material assistance. I dedicated my special regards to:

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Semarang, Mei 07th, 2014

The writer,

Achmad Nadhif

NIM. 094411031

TRANSLITERATION¹

VOWEL LETTERS

a>	a long spelling
I<	i long spelling
u>	u long spelling

ARABIC LETTER	WRITTEN	NAME
ا	no symbol	Alif
ب	B	Ba
ت	T	Ta
ث	s	s a
ج	J	Jim
ح	h{	h}a
خ	Kh	Kha
د	D	Dal
ذ	Z	Zal
ر	R	Ra
ز	z	z al
س	S	Sin
ش	Sy	Syin
ص	s}	s}ad
ض	d{	d{ad
ط	t}	t{a

* Hasan Asy'ari Ulama'I (Editor) Pedoman Penulisan Skripsi, Fakultas Ushu>luddi<n IAIN Walisongo, Semarang, 2013, p. 130-132.

ظ	z{	z}a
ع	‘	‘ain
غ	G	Gain
ف	F	Fa
ق	Q	Qaf
ك	K	Kaf
ل	L	Lam
م	M	Mim
ن	N	Nun
و	W	Wau
هـ	H	Ha
ي	Y	Ya

*All of the Qura>nic verse translation is taken from Abdulla>h Yu>suf A>li’s Qura>nic translation/interpretation, Abdulla>h Yu>suf A>li, The Holy Qura>n, Text, Translation and Commentary, New Delhi, Goodwords Book, 2009.

TABLE OF CONTENT

PAGE OF TABLE	i
ADVISOR APPROVAL	ii
RATIFICATION	iii
THESIS STATEMENT	iv
MOTTO	v
ABSTRACT	vi
ACKNOWLEDGEMENT	vii
TRANSLITERATION	ix
TABLE OF CONTENT	xi
LIST OF TABLE	xiii
CHAPTER I: INTRODUCTION	
A. Background	1
B. Research Question	10
C. Aim and Significant of Research	10
D. Review of Literature	10
E. Research Method.....	11
F. Writing Systematic	13
CHAPTER II: Islamic Religion Activities and Mental Disorder	
A. Mental Disorder	
1. Mental Disorder Definition.....	15
2. Mental Disorder Causes Factor.....	17
3. Kinds Of Mental Disorder	18
B. Islamic Religion	
1. Islamic Religion Definition.....	32
2. Islamic Religion Activities As Therapy	34
3. Kinds of Islamic Activity As Therapy	36
CHAPTER III: KH. Nur Kholis bin Mashury and Treatment for Patients Mental Disorders At-Taqi Boarding School	
1. Life of KH. Nur Kholis Ms	49

2. History of A>t-Taqi< Boarding Schools.....	50
3. A>t- Taqi< Boarding School Activities	52
4. Therapy Practice to Mental Disorder Patient	53
5. Concept Therapy According to KH. Nur Kholis	55
6. Reading Therapy to Mental Disorder Patients	53
7. Mental Disorders Patient Data Name	61
8. Schedules Therapy Activities To Mental Disorders Patient .	63
CHAPTER IV: Analysis	
1. Process Therapy of Mental Disorders In A>t-TAqi< Boarding School.....	65
2. Effectiveness of Therapeutic Mental Disorders in A>t- Taqi< Boarding Schools	66
CHAPTER V: Conclusion	
1. Conclusion	75
2. Suggestions	75
3. Closing	76
BIBLIOGRAFY	77
ATTACHMENTS	
1. Attachments A	1
2. Attachments B	7
3. Attachments C	13
CURRICULUM VITAE	27

LIST OF TABLE

TABLE	PAGE
1. Data and types of diseases are mental patients	9
2. Names of mental patients in a>t-Taqi<	59
3. Schedules Therapy Activities To Mental Disorders Patient	61
4. Recovery Data and Graphic of Patient Mental	70