

CHAPTER V

CONCLUSION

A. Conclusion

From the research that researchers do so it can be concluded as follows:

1. Islamic religious Activities in A>t- Taqi< boarding school begins with repentance bath in the early morning at 0:30 am. Pray together, read zikir after every prayer, reading Ratib A>l Hadda>d after maghrib prayer, reading mauid D||iba>'i and Ratib a>l at}hos after the subuh prayer continued with the recitation of al H}ikam book and closed by reading the mauid simmtud Du>ror to at 22.00 pm. The process will be carried out every day for patient's mental disorder.
2. Process is done in a>t-taqi< boarding school is a religion therapy which includes prayers (Sholat), zikir, Ratib and thaharoh. Supportive therapy by giving the responsibility on the patient's attitude. Then supported with relaxation therapy to provide a sense of calm, comfortable, relaxed and controlled emotions in a healthy manner. Therapeutic education by providing a strong religious knowledge so that more targeted actions.
3. Activities undertaken have personal patterns in Islamic religion that brings good effect for patients mental disorder as to restore the lost personality aspects with emphasis on aspects of cognitive (thought) in the form of re-learning and affective aspects (feelings), which is empty by filling through draw closer to Alla>h. This course will touch the conscience of the patient in order to grow and touched the essentials and continued with improvements in cognitive aspects of behavior that mental patients as healthy again ready style

B. Suggestions

Based conclusion on the above, the author's suggestion conveyed in three ways, among others:

1. For institutions, to add references to the scientific and therapeutic information to students about mental disorder in the society.
2. For a>t-Taqi< boarding school, therapy mental disorder that existing would be more effective if added to the medical facilities that participate in it.
3. For patients and families, patients are expected to participate in therapy every day and the family is expected to give support to patients in the patient's self-control.

C. Closing.

Such is the thesis title: *“Treatment of Patient Mental Disorders in A>t Taqi< Boarding School, Kalipucang Kulon, Welahan, Jepara.”* has author a maximum stacked. But it all still requires correction of various parties for the improvement of this thesis. Hopefully this work can be useful for anyone who reads and get the reward of blessing in the science world and the Hereafter from Alla>h. Apologies are the authors extended to all who have also assisted in the preparation of this thesis writing, may Alla>h reward you all good deeds . aamiin