THE CORRELATION BETWEEN RELIGIOUS MATURITY AND OPTIMISM IN THE WORK

Case Study on Employee of PT. Nusantara Building Industries, District Karangtengah Demak



THESIS

Submitted to the Faculty of Ushuluddin in Partial Fulfillment of the Requirement For Undergraduate Degree of Islamic Theology Tasawuf and Psychotherapy Departement

By:

ABDUL ROZAK NIM: 094411030

SPECIAL PROGRAM OF USHULUDDIN

FACULTY STATE INSTITUTE FOR ISLAMIC STUDIES

(IAIN) WALISONGO SEMARANG

2014

THE CORRELATION BETWEEN RELIGIOUS MATURITY AND OPTIMISM IN THE WORK

Case Study on Employee of PT. Nusantara Building Industries, District Karangtengah Demak



THESIS

Submitted to the Faculty of Ushuluddin in Partial Fulfillment of the Requirement For Undergraduate Degree of Islamic Theology Tasawuf and Psychotherapy Departement

By:

ABDUL ROZAK NIM: 094411030

Semarang, July 23th, 2014

Approved by

Advisor II

Fitriyati, S. Psi, M. Si

IJ. 19690725 200501 2 002

Advisor I

<u>Dr. Muhyar Fanani, M. Ag</u> NIP. 19730314 200112 1 001

RATIFICATION

This thesis was examined by two experts and passed on July 23st, 2014. Therefore, this thesis is accepted as one of requirements for fulfilling Undergraduate Degree of Islamic Theology.

Chief of Meeting

Drs. Machrus, M.Ag

NIP. 19630105 199001 1 002

Academic Advisor I

Academic Advisor II

<u>Dr, Muhyar Fanani, M.Ag</u> NIP. 19730314 200112 1 001

NID 10600725 200

NIP. 19690725 200501 2 002

Examiner I

Ahmad Afnan Anshori M. Hum

NIP. 19/770809 200501 1 003

Examiner II

Dr. H. Hasyim Muhammad, M, Ag

NIP. 19720315 199703 1 002

Secretary of Meeting

Dr. Sulaiman al – Kumayi, M. Ag

NIP. 19730627 200312 1 003

DECLARATION

I declare that this thesis is definitely my own work. I am completely responsible for content of this thesis. Other writer's opinions or findings included in the thesis are quoted in accordance with ethical standards.

Semarang, July 23th, 2014

The Writer,

Abdul Rozak NIM: 094411030

MOTTO

بسم الله الرحمن الرَّحِيمِ

..... إِنَّ ٱللَّهَ لَا يُغَيِّرُ مَا بِقَومٍ حَتَّىٰ يُغَيِّرُواْ مَا بِأَنفُسِهِم

QS. Ar- Ra'd (13): 11

ABSTRACK

Abdul Rozak. 2014. The Correlation between Religious Maturity and optimism in the Work (Case Study on Employee of PT. Nusantara Building Industries, District Karangtengah Demak) *Thesis*. Tasawuf and Psychotherapy Departement of Ushuluddin Faculty of Walisongo State Institute for Islamic Studies Semarang. Supervisor I Dr. Muhyar Fanani, M.Ag and Supervisor II Fitriyati, S.Psi, M.Si.

Keyword: Religious Maturity, Optimism

This research is motivated phenomenon regarding the problems faced by on employee of PT. Nusantara Building Industries in doing his job. Distrust in finishing a job they lived would make it fall into the attitude of despair. Given this reality, not a few of them who resigned in his work, for fear of being scolded by the boss because they cannot work well. The lack of a sense of optimism that had made him stress and blame fate.

This study was a quantitative correlational research aims to determine the correlation between religious maturity and optimism in the work. Subjects in this study is 100. Sampling technique used was purposive sampling. Religious maturity is measured with the religious maturity scale. Religious maturity scale consists of 30 items valid. Valid items have p < 0.001 is the significance range of 0.000 - 0.001. Religious maturity scale has a reliability coefficient of 0.684. While on the optimism of working was measured with an optimism scale consisting of 45 items is valid. Valid items have p < 0.001 is in the significance range of 0.000 - 0.001. Optimism scale has a reliability coefficient of 0.932. Correlation test use *product moment* correlation technique were performed using *SPSS version 16.0 for window6s*.

The results shows a correlation coefficient (r) religious maturity with optimism in the work of 0.385 with significance level p=0.000 where p<0.01. It shows that there is a positive correlation between religious maturity and optimism in the work on employees of PT. Nusantara Building Industries, District Karangtengah Demak.

A KNOWLEDGEMENT

بسم الله الرحمن الرحيم

Alhmdulillahirobbil'alamin. Praise to Allah SWT who has gave His mercy and guidance, so that I can finish this thesis entitled "The Correlation between Religious Maturity and Optimism in The Work (Case Study on Employee of PT. Nusantara Building Industries, District Karangtengah, Demak)". This thesis cannot be separated from the difficulties and obstacles, but thanks to the guidance, direction, support and motivation from various sources so that this thesis can be resolved. The authors on this occasion would like to thanks to:

- 1. Father and mother who never tired in giving prayer and extraordinary spirit for the author.
- 2. All the brothers and sisters, nieces and nephews are also not getting enough in giving prayer and motivation.
- 3. Dr. Nasihun Amin, M. Ag. Dean of the Ushuluddin Faculty of State Institute for Islamic Studies (IAIN) Walisongo Semarang.
- Sulaiman al-khumayi, M.Ag, Associate Dean of Tasawuf and Psychotherapy Ushuluddin Faculty of State Institute for Islamic Studies (IAIN) Walisongo Semarang.
- 5. Dr. Muhyar Fanani, M. Ag, as the first supervisor who has taken the time and with wisdom has given instructions and guidance to the completion of this thesis.
- 6. Fitriyati, S. Psi, M. Si, as the second supervisor who always pleased to take the time to guide, provide direction and input in preparing this thesis.
- 7. All Lecturers at Ushuluddin Faculty of State Institute for Islamic Studies (IAIN) Walisongo Semarang who have given to the author for science education at beloved campus IAIN Walisongo.
- 8. Entire extended family of FUPK DEPAG 2009, which always provide prayer and support to writers in completing the thesis.

- 9. Mr. Susilo (security of PT. Nusantara Building Industries) who have provided information in this study.
- 10. All employees of PT. Nusantara Building Industries who helped me in making research data.
- 11. Arms Friends of Ushuluddin Faculty of State Institute for Islamic Studies (IAIN) Walisongo class of 2009, especially Ayu, Ulfa and Uswah, thank you for the prayers, and motivation.
- 12. Younger brother or sister authors especially Aulla, thank you for the prayers and encouragement.
- 13. All parties who can not be mentioned one by one by the author, which has either directly or indirectly helped complete the thesis.

Hopefully all the kindness and sincerity got a reply and the grace of Allah Almighty, and hopefully this work coming in usefull.

$TRANSLITERATION^1\\$

VOWEL LETTERS

a	a long spelling
i	i long spelling
u	u long spelling

ARABIC LETTER	WRITTEN	NAME
1	no symbol	Alif
ب	В	Ba
ت	T	Ta
ث	S	s a
č	J	Jim
7	h}	h{a
خ	Kh	Kha
7	D	Dal
ż	$ \mathbf{z} $	zal
J	R	Ra
j	Z	Zai
س	S	Sin
ش	Sy	Syin
ص	s}	s{ad
ض	d}	d{ad
ط	t}	t}a
ظ	z{	z}a
ع	4	ʻain
غ	G	Gain
ف	F	Fa
ق	Q	Qaf

¹ Quoted from Hasan Asyari Ulamai (Editor), Pedoman Penulisan Skripsi, Fakultas Ushu>luddi<n IAIN Walisongo Semarang, 2013, p. 130-132.</p>

<u>ا</u> ک	K	Kaf
J	L	Lam
م	M	Mim
ڹ	N	Nun
و	W	Wau
٥	Н	На
ي	Y	Ya

^{*}All of the Quranic Verses translation is taken from Abdullah Yusuf Ali's Quranic translation/ interpretation, Abdullah Yusuf Ali, The Holy Quran Text, Translation and Commentary, New Delhi, Goodwords Book, 2009.

TABLE OF CONTENT

PAGE OF TITLEi
ADVISOR APROVALii
RATIFICATIONiii
THESIS STATEMENTiii
MOTTOiv
ABSTRACTv
ACKNOWLEDGEMENTvi
TRANSLITERATION viii
TABLE OF CONTENTx
LIST OF TABLE xiii
CHAPTHER I: INTRODUCTION
A. Background1
B. Research Problem5
C. The Aim And Benefit Of Research6
D. Literatur Review6
E. Systematic Of Writing8
CHAPTHER II: Religious Maturity And Optimism In The Work
A. Overview about Religious Maturity
1. Definition of Religious Maturity
2. Inhibiting Factors of Religious Maturity
3. The criteria of the Mature in Religion
B. Overview About Optimism in the Work
1. Definition of Optimism16

		2. Factors of The Influence of Optimism	18
		3. Criteria of Optimism	20
		4. Definition of Work	24
		5. Factors That Affect to Job Satisfaction	24
	C.	The Correlation between Religious Maturity and Optimism in the	
		Work	25
	D.	Hypotheses	28
СН	[AP	THER III: RESEARCH METHODOLOGY	
	A.	Types of Research	29
	B.	Identification of Research Variables	29
		1. Dependent Variable	30
		2. Independent Variable	30
	C.	Definition of Operational Variables	30
		1. Religious Maturity	30
		2. Optimism in the Work	31
	D.	Correlation between Research Variables	32
	E.	Population and Sample	32
		1. Population	32
		2. Samples	33
	F.	Method of Data Collection	33
	G.	Test Instrument Validity and Reliability	38
		1. Validity	38
		2. Reliability	45
		3. Methods of Data Analysis	46
СН	ΙΑΡ	THER IV: RESULTS AND DISCUSSION	
	A.	Preparation Research	47
		1. Orientation arena	47
		2. Permitting Process	52
	B	Implementation Research	53

	1. Collecting Data55	3
	2. Implementation of Scoring	3
C.	Results of Research	3
	1. Assumptions Test Results	4
	2. Hypothesis Test Results	6
D.	Discussion	7
СНАР	THER V: Conclusion	
A.	Conclusion 6	1
B.	Advice6	1
C.	Closing	2
	IOGRAFY6	
ATTA	ACHMENTS6	9
CURI	RICULUME VITAE1	38

LIST OF TABLE

TA	BLE PAGE
1.	The Answer Evaluation
2.	Blue Print the Scale of Religious Maturity before Experience 38
3.	Blue Print the Scale of Optimism before Experience
4.	Result of Religion Maturity Scale Testing
5.	New Item of Religious Maturity Scale
6.	Result of Optimism Scale Testing
7.	New Item Optimism Scale
8.	Reliability Statistics of Religious Maturity Scale
9.	Religious Maturity and Optimism Total Score of Subject
10.	Descriptive Statistics
11.	Interval of Religious Maturity 56
12.	Interval of Optimism
13.	Classification Result of Analysis Data Description 57
14.	Normality Test
15.	ANOVA Table
16.	Correlations