

**ALTERED STATE OF CONSCIOUSNESS
IN KAROMAHAN PERFORMANCE**
(A Case Study in *Pondok Pesantren Rohmatul Ummah Assalafy*
Jekulo Kudus)

THESIS

Submitted to the Faculty of Ushuluddin in Partial Fulfillment
of the Requirements for the Degree of Islamic Theology
on Tasawuf and Psychotherapy Departemen



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STATE ISLAMIC UNIVERSITY WALISONGO
SEMARANG
2014**

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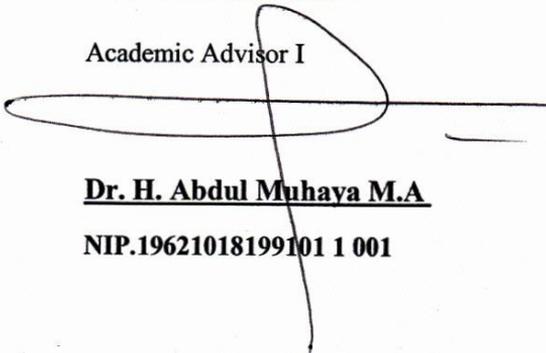
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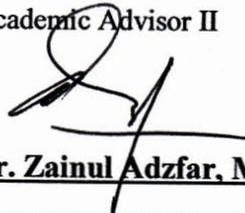
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I declare that this thesis is definitely my own work. I am completely responsible for content of this thesis. Other writer's opinions or findings included in the thesis are quoted or cited in accordance with ethical standards.

Semarang, November 17, 2014

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MOTTO

وَمَنْ يَتَّقِ اللَّهَ يَجْعَلْ لَهُ مِنْ أَمْرِهِ يُسْرًا
وَمَنْ يَتَّقِ اللَّهَ يَجْعَلْ لَهُ مَخْرَجًا وَيَرْزُقْهُ مِنْ حَيْثُ لَا يَحْتَسِبُ
وَلَوْ أَنَّ أَهْلَ الْقُرَىٰ ءَامَنُوا وَاتَّقَوْا لَفَتَحْنَا عَلَيْهِم بَرَكَاتٍ مِّنَ
السَّمَاءِ وَالْأَرْضِ

DEDICATION

This mini thesis is deicated to:

My beloved father Suwindi and mother Sarpiyah,
My beloved families Saifuz zuhri, Hasanatul islamiyah, Ahyat
umar rifa'i

My special Advisors teachers ustadz Muhaya and Zainul adzfar
and all of my excelent lectures,

My beloved Zahrotuzzuhurin nadwah

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Muhammad Yasin, Ahmad munji, Sugiono and Ahmad Ainur
rofiq

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Glory to Allah, who created all, to man He gave special place in His creation. He honored man to be His agent, and to that end, endowed him with understanding, purified his affections and gave him spiritual insight. So that man should understand nature, understand himself, and know God through His wondrous Signs. Glory Him in truth, reverence, and unity. The Glorious God who sent Muhammad (peace always be upon him) as Messenger, preaching and working in the dim twilight of history. He stood for all humanity, orphans, women, and slaves, whom the world neglected or oppressed. And he comes to me, bringing the light to lighten the shadow, disclosing the cover of my indecision and inspiring me with his love to keep struggling, to win God's gifts.

This final assignment entitled ALTERED STATE OF CONSCIOUSNESS IN KAROMAHAN PERFORMANCE (A Case Study in *Pondok Pesantren Rohmatul Ummah Assalafy* Jekulo Kudus) will not be finished if not with the help and encouragement of those who always take their time to help me accomplishing this final task. Likewise, nothing I can convey except the thanks coming sincerely from the deepest of my heart for their contributions to give moral and material assistance. I dedicate my special regards to:

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Semarang, 17 November 2014

The Writer

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TRANSLITERATION

English transliteration system
International versionⁱ

Arabic	Written	Arabic	Written
ب	B	ط	ṭ
ت	T	ظ	ẓ
ث	th	ع	‘
ج	j	غ	gh
ح	ḥ	ف	f
خ	kh	ق	q
د	d	ك	k
ذ	dh	ل	l
ر	r	م	m
ز	z	ن	n
س	s	و	w
ش	sh	ه	h
ص	ṣ	ء	’
ض	ḍ	ي	y

ⁱ Tim penyusun skripsi, *Pedoman Penulisan Skripsi Fakultas Ushuluddin*, (Semarang : Fakultas Ushuluddin 2013) P. 142 - 144

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ABSTRACT

Key word: Altered state of consciousness, *karomahan* performance

Karomahan is one of kind of psi phenomenon. It has been held in *Pondok Pesantren Rohmatul Ummah Assalafy* Jekulo Kudus and became one of the *ilmu hikmah* that is studied. Usually, this performance practiced on 1st night of *syuro*. This performance involved all of student (*murid*) when be held, as short description this performance is contest of spirit (*khodam*). This phenomenon was believed as performance of spirit (*khodam*), for example, practitioner behave like animal, usually like lion or tiger and he is able to be what he want. Practitioner also was believed had psi power as prerequisite to do *karomahan* performance.

This study is field research and tries to answer what is *karomahan*, and what kind of feeling and experience in this performance. The writer will describe what is *karomahan* according to data of observation and interview. Based on this data, the researcher will analyze and indentify scientifically what actually happen in this performance, and what is the correlation with altered state of consciousness, is that true or fake performance. Furthermore, researcher want to explaine what is benefit of *karomahan* scientifically. The last writer draws several conclusions related to the focus of study.

Based on data, *karomahan* can be described as *khodam* performance, but in modern term *karomahan* is performance of consciousness change (change of normal consciousness into altered state of consciousness) where practitioner can access the consciousness (character) what be intended. This research answer *khodam* phenomenon scientifically and explain it clearly. This performance give the experience to the practitioner. This is called as altered state of consciousness experience. This experience appropriate to general characteristic of altered state experience. *Karomahan* experience can be clasified into nine feeling or experience, there are strong believe in the beginning, heavy and dizzy in the first induction, change body image, forgot time, sense of ineffable, change in meaning or significance, change emotional expression and the last is tired after performance. The main function of *karomahan* is change of consciousness from normal state to altered state of consciousness. This function affect to meaning of perception. So, people can be meaningful of life.