

**ALTERED STATE OF CONSCIOUSNESS  
IN KAROMAHAN PERFORMANCE**  
(A Case Study in *Pondok Pesantren Rohmatul Ummah Assalafy*  
Jekulo Kudus)

**THESIS**

Submitted to the Faculty of Ushuluddin in Partial Fulfillment  
of the Requirements for the Degree of Islamic Theology  
on Tasawuf and Psychotherapy Departemen



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SEMARANG  
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*Assalamu'alaikum Wr. Wb.*

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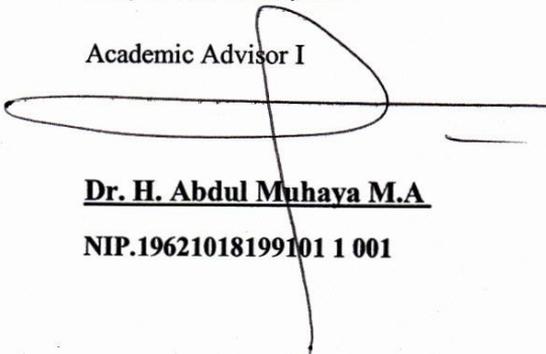
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*Walaikumsalam Wr. Wb.*

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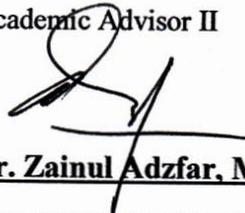
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I declare that this thesis is definitely my own work. I am completely responsible for content of this thesis. Other writer's opinions or findings included in the thesis are quoted or cited in accordance with ethical standards.

Semarang, November 17, 2014

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## MOTTO

وَمَنْ يَتَّقِ اللَّهَ يَجْعَلْ لَهُ مِنْ أَمْرِهِ يُسْرًا  
وَمَنْ يَتَّقِ اللَّهَ يَجْعَلْ لَهُ مَخْرَجًا وَيَرْزُقْهُ مِنْ حَيْثُ لَا يَحْتَسِبُ  
وَلَوْ أَنَّ أَهْلَ الْقُرَىٰ ءَامَنُوا وَاتَّقَوْا لَفَتَحْنَا عَلَيْهِم بَرَكَاتٍ مِّنَ  
السَّمَاءِ وَالْأَرْضِ

## **DEDICATION**

This mini thesis is deicated to:

My beloved father Suwindi and mother Sarpiyah,  
My beloved families Saifuz zuhri, Hasanatul islamiyah, Ahyat  
umar rifa'i

My special Advisors teachers ustadz Muhaya and Zainul adzfar  
and all of my excelent lectures,

My beloved Zahrotuzzuhurin nadwah

My friends in FUPK and ushuludin faculty especially  
Muhammad Yasin, Ahmad munji, Sugiono and Ahmad Ainur  
rofiq

## ACKNOWLEDGMENTS

Glory to Allah, who created all, to man He gave special place in His creation. He honored man to be His agent, and to that end, endowed him with understanding, purified his affections and gave him spiritual insight. So that man should understand nature, understand himself, and know God through His wondrous Signs. Glory Him in truth, reverence, and unity. The Glorious God who sent Muhammad (peace always be upon him) as Messenger, preaching and working in the dim twilight of history. He stood for all humanity, orphans, women, and slaves, whom the world neglected or oppressed. And he comes to me, bringing the light to lighten the shadow, disclosing the cover of my indecision and inspiring me with his love to keep struggling, to win God's gifts.

This final assignment entitled ALTERED STATE OF CONSCIOUSNESS IN KAROMAHAN PERFORMANCE (A Case Study in *Pondok Pesantren Rohmatul Ummah Assalafy* Jekulo Kudus) will not be finished if not with the help and encouragement of those who always take their time to help me accomplishing this final task. Likewise, nothing I can convey except the thanks coming sincerely from the deepest of my heart for their contributions to give moral and material assistance. I dedicate my special regards to:

I would like to extend my deep appreciation to all those who have assisted me during my graduates studies at State of Islamic University (UIN) Walisongo, Semarang. First, I would like to thank to Prof. Dr. H. Muhibbin, M.Ag, as Rector of State Islamic University (UIN) Walisongo Semarang. Second, my sincere thanks go to Dr. Muhsin Jamil, M.Ag as the dean of Ushuluddin faculty and in the same time as motivator, inspiration, and father during my study in Ushuluddin Faculty.

My special thanks goes to Mr. Dr. H. Muhaya M.A and Mr.Dr. Zainul Adzfar, M.Ag and as my academic advisors, without whose guidance and encouragement, this work could not possibly have been accomplished. I was benefited greatly from their constructive criticism and was indebted to them in a way that perhaps cannot be repaid.

Furthermore, I would like to express my great thanks to Dr. Sulaiman al-Kumayi, M.Ag as the chief of Tasawuf Psikoterapi

department and Fitriyati, S.Psi, M.Si as his secretary, who both have offered and facilitated me in finding the problem which is proper to be discussed. Additionally, many sincere thanks go to all my lectures that taught and educated me during my studies.

Certainly, I would like to express my special gratitude to my parents, Suwindi and sarpiyah. They always encourages and motivates me through their *do'a and* advices. I also would like to express my gratitude to my extended all of my family Saifuz zuhri, Hasanatul Islamiyah, Ahyat umar rifa'i who has always supported my academic ambition. This simple expression cannot begin really to describe the depth of my feeling.

Last but not least, I would like to thank to the big family of my friends from Ushuluddin faculty FUPK Depag (TP and TH) who supported me to hold on and keep my spirit in finishing this paper.

Semarang, 17 November 2014

The Writer

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## TRANSLITERATION

English transliteration system  
International version<sup>i</sup>

Arabic	Written	Arabic	Written
ب	<b>B</b>	ط	<b>ṭ</b>
ت	<b>T</b>	ظ	<b>ẓ</b>
ث	<b>th</b>	ع	<b>‘</b>
ج	<b>j</b>	غ	<b>gh</b>
ح	<b>ḥ</b>	ف	<b>f</b>
خ	<b>kh</b>	ق	<b>q</b>
د	<b>d</b>	ك	<b>k</b>
ذ	<b>dh</b>	ل	<b>l</b>
ر	<b>r</b>	م	<b>m</b>
ز	<b>z</b>	ن	<b>n</b>
س	<b>s</b>	و	<b>w</b>
ش	<b>sh</b>	ه	<b>h</b>
ص	<b>ṣ</b>	ء	<b>’</b>
ض	<b>ḍ</b>	ي	<b>y</b>

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<sup>i</sup> Tim penyusun skripsi, *Pedoman Penulisan Skripsi Fakultas Ushuluddin*, (Semarang : Fakultas Ushuluddin 2013) P. 142 - 144

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## ABSTRACT

Key word: Altered state of consciousness, *karomahan* performance

*Karomahan* is one of kind of psi phenomenon. It has been held in *Pondok Pesantren Rohmatul Ummah Assalafy* Jekulo Kudus and became one of the *ilmu hikmah* that is studied. Usually, this performance practiced on 1st night of *syuro*. This performance involved all of student (*murid*) when be held, as short description this performance is contest of spirit (*khodam*). This phenomenon was believed as performance of spirit (*khodam*), for example, practitioner behave like animal, usually like lion or tiger and he is able to be what he want. Practitioner also was believed had psi power as prerequisite to do *karomahan* performance.

This study is field research and tries to answer what is *karomahan*, and what kind of feeling and experience in this performance. The writer will describe what is *karomahan* according to data of observation and interview. Based on this data, the researcher will analyze and indentify scientifically what actually happen in this performance, and what is the correlation with altered state of consciousness, is that true or fake performance. Furthermore, researcher want to explaine what is benefit of *karomahan* scientifically. The last writer draws several conclusions related to the focus of study.

Based on data, *karomahan* can be described as *khodam* performance, but in modern term *karomahan* is performance of consciousness change (change of normal consciousness into altered state of consciousness) where practitioner can access the consciousness (character) what be intended. This research answer *khodam* phenomenon scientifically and explain it clearly. This performance give the experience to the practitioner. This is called as altered state of consciousness experience. This experience appropriate to general characteristic of altered state experience. *Karomahan* experience can be clasified into nine feeling or experience, there are strong believe in the beginning, heavy and dizzy in the first induction, change body image, forgot time, sense of ineffable, change in meaning or significance, change emotional expression and the last is tired after performance. The main function of *karomahan* is change of consciousness from normal state to altered state of consciousness. This function affect to meaning of perception. So, people can be meaningful of life.