

**THE EFFECTIVENESS OF BRAIN GYM METHOD TO IMPROVE
TEACHING ENGLISH SPEAKING
(An Experimental Research at the Fitrst Grade of SMP N 1 Dawe Kudus in
the Academic Year of 2014/2015)**

THESIS

**Submitted in Partial Fulfillment of the Requirement
for Gaining the Degree of Bachelor in English Language Education**



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SEMARANG
2014**

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(An Experimental Research at the First Grade of SMP N 1 Dawe
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is definitely my own work. I am completely responsible for the content of this thesis. Other writer's opinions or findings included in the thesis are quoted or cited in accordance with ethical standards.

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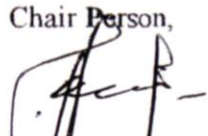
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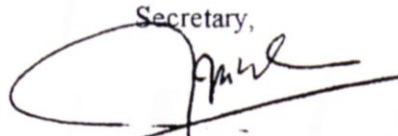
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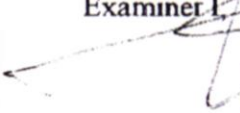
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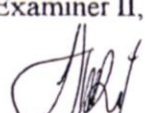

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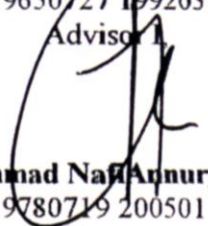
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Walisongo State Institute for Islamic Studies

Assalamu'alaikum wr.wb.

I inform that I have given guidance, briefing and correction to whatever extent necessary of the following thesis identification:

Title : **THE EFFECTIVENESS OF BRAIN GYM METHOD TO IMPROVE TEACHING ENGLISH SPEAKING (An Experimental Research at the First Grade of SMP N 1 Dawe Kudus in the Academic Year of 2014/2015)**

Name of Student : **Husnut Taharri**
Student Number : 103411016
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I state that the thesis is ready to be submitted to Education and Teacher Training Faculty Walisongo State Institute for Islamic Studies to be examined at Munaqasyah session.

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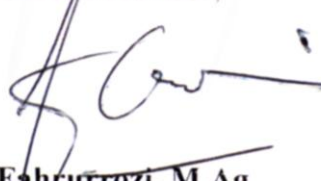
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ABSTRACT

Title : **THE EFFECTIVENESS OF BRAIN GYM METHOD TO IMPROVE TEACHING ENGLISH SPEAKING (An Experimental at the First Grade of SMP N 1 Dawe Kudus in the Academic Year of 2014/2015)**

Writer : Husnut Taharri

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This thesis discusses The Effectiveness of Brain Gym Method to Improve Students' Speaking Skill at the First grade of SMP N 1 Dawe in the Academic Year of 2014/2015. Referring to the advantages of Brain Gym and the need to facilitate students' learning is worth conducting this research about "the effectiveness of Brain Gym methods to improve students' speaking skill among the first year students' of SMP N 1 Dawe". The objective of this study is the effectiveness of using brain gym method in improving students' speaking skill at SMP N 1 Dawe Grade VII in the academic year of 2014/2015.

This study uses psychological approach, by using experimental design. The researcher gave try-out test to try-out class. In this research, the researcher used oral tests given in try-out test, pre-test and post-test. Before giving post-test, the researcher gave treatment to the experimental class (the students who were taught using brain gym method) and the control class (the students who were taught without using brain gym method). Then, the researcher gave post-test both of control and experimental classes to know the students' speaking achievement. After collecting the data, it was found that the pre-test average score of experimental class was 66.04 and the control class were 65.96. Meanwhile, the post-test average score of the experimental class was 73.95 and the control class were 67.69. It was obtained that t-test was 2.686 and the t-table was 1.68 for alpha (α) 5%. The t-test was higher than t-table ($2.686 > 1.68$). It meant that H_a

was accepted and H_0 was rejected. Based on the result, the researcher concludes that *Brain Gym Method* was effective in improving students' speaking skill at SMP N 1 Dawe in the academic year of 2014/2015.

DEDICATION

In the name of Allah the Beneficent and the Merciful, this final project is dedicated to:

1. My beloved parents (Mr.Masyhuri and Mrs.Nasichah).
2. My beloved sister (Ainun Nafisah, Hidayatus Solihah, Risda Umami, S.Pd.I).
3. My beloved brothers (Ulin Nuha, Ali Maghfuri, S.Pd.I, Kholid Nawawi, S.E, Muhammad Fahmi Idris) and my little nephew Muhammad Rasya Insani.
4. My beloved aunt (Dra. Munari).
5. My motivator Eko Winnarno.

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Second, shalawat and salaam for the Prophet Muhammad SAW who brings us from darkness to the brightness.

I realize that I cannot complete this final project without the help of others. Many people have helped me during the writing this final project and it would be impossible to mention of all them. I wish, however, to give my sincerest gratitude and appreciation to:

1. Dr. H. Darmuin, M.Ag. as the Dean of Education and Teacher Training Faculty of IAIN Walisongo Semarang,
2. Siti Tarwiyah, S.S. M.Hum. as the Head of English Department Education and Teacher Training Faculty IAIN Walisongo.
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14. Last but not least, those who cannot be mentioned one by one have supported, gave motivation and pray to the researcher to finish this thesis.

Finally, the researcher realizes that this thesis is still far from being perfect; therefore, the researcher will be happy to accept constructive criticism in order to make it better. The researcher hopes that this thesis will be beneficial to everyone especially in developing English Teaching and Learning process. Amen.

Semarang, 1 December 2014

The researcher,

Husnut Taharri

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