

CHAPTER V

CONCLUSION AND SUGGESTION

A. Conclusion

Based on the result of this research at the seventh grade students in SMP N 1 Dawe Kudus, Brain Gym can be applied in teaching English speaking and improved teaching English speaking. The conclusions of this research are drawn in accordance with the result of the data analysis in the previous chapter. They are:

To find out the degree of its effectiveness of teaching speaking using Brain Gym method at the seventh grade students of SMP N 1 Dawe Kudus in the academic year of 2014/2015, the researcher took average score of pre-test and post-test score of both classes. The average score for the experimental class was 66, 04 for the pre-test and 73, 95 for the post-test. While the average scores for the control class was 65, 96 for the pre-test and 67, 69 for the post-test. It can be concluded that the result of post-test for the experimental class was higher than control class. Therefore, Brain Gym method can be used effectively in teaching speaking.

Brain Gym method is an effective method to teach speaking at the seventh grade students of SMP N 1 Dawe Kudus in the academic year 2014/2015. The test of hypothesis using f-test formula showed that the value of the f-test is higher than the value of the t-table. Based on the result of calculation of f-test, the value of f-test is 3,94, while the value of f-table on $\alpha = 5\%$ is 4,668 ($3,94 < 4,668$). It can be concluded that there is a significant difference in the students' achievement on English speaking at the seventh grade of SMP N 1 Dawe Kudus in the academic year of 2014/2015 between students who were taught by using Brain Gym method and students who were taught without using Brain Gym method. It means that teaching English speaking skill by using Brain Gym method was more effective than without using Brain Gym method. So, the hypothesis is accepted.

B. Suggestion

In teaching and learning English at junior high school, the teacher should create enjoyable, fun and interesting atmosphere because the enjoyment is the basic modal that has to be noticed in order to get the attention in learning. So, the students are interested in learning activity. The teacher is better to create an entertainment or enjoyment situation by giving Brain Gym movements. By using Brain Gym method, students do not only pay attention to the material but also they can receive the materials optimally because by doing brain gym movements, all parts of brain can be connected optimally so the functions of the parts of brain can work optimally and it makes the material that has been taught by the teacher can be received well.

The researcher hopes that the school institution can support teachers to create enjoyable, meaningful, fun and interesting atmosphere in learning such as brain gym method as learning method in teaching speaking skill. So, this research can improve students' English skill especially in speaking.

Thus, this thesis is served to the readers. The researcher realizes that it still less perfect. The researcher hopes any suggestions and criticisms to make it perfect. The researcher hopes that it can be useful for the readers. Amin.