#### **CHAPTER IV**

## Treatment on Lesbian in the Perspective of Islamic Psychology

# 1. The Effect of Therapy on Lesbian

In giving treatment to clients, that can certainly be seen the effect. The seriously from client to cure have effect on their body. The strong desires of the client to recover from an illness or disorder bring them a satisfying result is cure. However, if the subject had no desire to heal, it is difficult for her to cured from disorder, although later many drugs that enter the body.

Someone who given therapy more effective than taking medicine because of the effects treatment and drugs is same that is to health. This is because when a person attacked by the disease, then they will take medicine by itself, because in themselves they have formed the idea that the drug may eliminate the disease they are going through. Actually this is not much different from the treatment. Treatment is given to a person is also not free of suggestion. Suggestion which is given by subject didn't have more effect. Because of this suggestion is given only in the mind and to more shall be processed by the mind itself.

Different from the drug, when a person is sick and then the body will be given medication there are chemicals that can threaten the health, whereas treatment no harmful health threat like the one on drugs. When chemicals such as drugs enter the body, then the reaction is given by these drugs will lead to healing quickly, but here also will arise an addiction when a person is experiencing the disease again. Of the person's addiction will always add to the existing dose. This is because when a person consumes drugs with a distance that is not too long then the body will not respond to the drug quickly, so it would appear to increase the dose of thought in order to quickly health.

The addition of the drug dose will cause harmful effects on the body, the healing is done with therapy more effective and not harmful to the body. This is because both the consumption of drugs or therapy, both of them use the same suggestion that is used to speed up the healing process. Someone who uses her therapy mensugesti way to cured from illness, then over time this suggestion will issue the results. Part time in giving this suggestion was not long, because all of this have to suitable with they believe to heal only then it will be the speed of the healing process.

Suggestion not only can be used for just easy disease, but severe illness can also be cured by suggestion. Not only that disorder experienced by a person can also be handled by giving suggestions are summarized in stage treatment. Treatment is effective thing given to someone who has a disorder. Disorders that can be handled by this treatment are a disorder of sexual deviation.

Sexual disorders that can be handled by the treatment are homosexual or lesbian. People experiencing lesbian is not easy to be given any treatment, for those who choose the path to same-sex pairs must have experienced a lot of confusion in depth consideration and so they choose the path to be as a lesbian. Because it is a difficult choice to make lesbian people rarely get back on their nature as hetero.

Comfort that they get when related with same-sex makes it difficult lesbians loose on the hetero. It's like someone who has been comfortable with his girlfriend, so that they are difficult off with that person. Tthis is the background for their hard off of lesbians.

## a. Motivation and support to cured

Establishment of someone being a lesbian, most of them are not due to factor gene, but rather into the shape of the environment. Menyangkup family environment here is also in it. The education and environtment which is can form personality of child. If the parents and the environment shape the personality correctly, then the child will grow as expected. But if it does not fit, then the child will be a deviant personality.

Formation of deviant personality experienced by three subjects, namely NL, PS and PT. NL is the youngest of 3 brothers. She is the only daughter and the third brother in her family was all of male. Since childhood he educates like a boy. This is because parental education given to children before. Incidents like this that brings the subject behaves

tomboy since she was early. Clothes smelling man he always got when the feast of Eid al-Fitr comes.

Hard discipline of the parent subject makes himself right at students like a man. His father is loud and likes to "play the hand", making the long run scared with the male figure. His past experience makes him think that men are abusive. This makes him closer to his female friends. NL even this can seldom be said to have male friends. Proximity to other women makes them into dependency and amazed by women. This admiration arises from a sense of love and start a relationship with a woman.

NL had several times in a relationship, and it's all the same sex. As for now being a lover is younger class. Their relation was 2 tahun years running. Even warming relations has been known by the parents of each party. The response of parents is also similar to each other, ie they do not agree.

NL events experienced with other friends. Harsh attitudes of parents and lack of attention makes them choose this path. The first possible way is just as an escape, but when they have comfortable then they are hard to escape the habit, which is like the same sex.

In line with the strengthening of lesbian identity that she see in him, he also found a community that is in line with their choice. So after a few years away from home, he found friends "turn" which is different from the issue of religiosity NL. This caused chaos in her religion. Communities are largely Christian, indirectly giving effect to the subject. So that the subjects interested in doing habits conducted by the community in their religion. This data was obtained by researchers when they want to meet the subject on the 24th. The subjects here postpone the meeting because she wanted to get ready to celebrate Christmas.

It is inversely proportional when the NL was at home. He still carried out the orders of Islam, like prayer. Not only that, the NL also happy to say hello to anyone and anywhere. This is seen when the researchers are conducting several observations. When he received a telephone call, come in a bevy of new or he will return as greeting greeting spoken by Muslims in general. In addition, the NL also used to pronounce forgiveness. This we do know, that though in the community and the researchers themselves acknowledge that the non-Muslim religion, but he was still running habits conducted by the religion of Islam, where Islam is the religion that he embraced since small NL. So from here we can know, that the influence of the social environment and not just cause chaos identity only, but religious identity can also join mortgaged.

NL has sympathy for a woman who is so high. This is seen when he is in a learning activity in its place. He was willing to have a fight with a man just for defending women.

Incidents like that are what make a fight with a friend of the group, where it was her man.

For her friends, NL is an easy person to get along. He was modest and soft hands. It might be for her help, she definitely help selflessly. So fun when having friends like NL.

NL is similar to the case of PS. He was born of a family who are busy with work. Since childhood, PS often left work by both parents, and the busyness of his parents made him seek other pleasures. Another this pleasure when he can be away from home. He met the community that makes it comfortable in it, and this community is a lesbian community.

PS merging into communities not directly make it have such friends here. Here he just often come assembled, when community meetings. But not so long ago he was joined this community, which he said he found the suitable partner for him, so that PS make it as a boyfriend. PS The girlfriend of another is not also a same-sex lover, and from this community as well.

Not like the old NL, PS parents do not know that she is a lesbian. Distance away from the parents as it is no longer made himself into a lonely man, because he has to have people who are able to understand her better than her parents.

Case of NL and PS, different from that experienced by PT. PT said that he was comfortable with same-sex couples when men realize that people who are rude. It was once he went through before he met NL. PT felt really comfortable with the lesbian path, when he broke up with her boyfriend. He imposed harsh, so this makes trauma with men.

Position away from the parents, making him confused for a hold for questioning when he imposed solutions rough by her boyfriend. When this incident happened PT position here is being close to NL, so this makes the problem with the PT tells the NL. From this starting PT NL comfortable with, and familiar with the NL. So the PT decided to establish a relationship with NL. PT was also entered into the lesbian community, where the community in which there is NL and PS are members.

Decision to establish a relationship with PT NL has been known by parents PT. PT only parents still let him make a decision like this. This is because the distance between the parents and the PT. but that can be done by parents PT is giving attention to their children in a way often told him to go home when the holiday weekend. Not only at home love it when a family given PT giving him many forms of activity. Many activities such as learn car and family walks her deed in home. Activities like these rarely make PT communication

when at home, so the process of distancing with lesbian people can do from here.

Of the three cases, we can know that the formation of a child's personality into the irregularities could occur from the formation of the given parent. When a child gets the education, guidance and affection enough then it is very difficult for children to crash, and vice versa when the children were given less attention (especially when they are still small) and the guidance it will be able to cause interference, as is the case in all three subjects.

Not only of family but religion also has a role to support avoiding someone of a nuisance. Someone who is always near to Allah then he will be always be in his protection. In fact, he will face all problems with ease. This is because he always puts God in every situation of life.

Unlike the people who are far from religion. Because the people who are far from religion then he is also away with his Lord. When someone away with his Lord so he went through the road that would not be good, even she will justify the means when dealing with a problem. Things like this happened also on the subject. The third subject of any of those who had been away from her religion. PS is the subject of much of his religion, so he did not want to run the religious orders. Busy families and religious education are less makes her become difficult to control, so that when she

is on the norms and rules are wrong then it makes the subject does not feel burdened.

Unlike the NL who have religious backgrounds pretty good. Since childhood, she was included in the basic schools have religious schools, only in this university she did not get the basic. Religion is good that she got from a young age is as nothing when she joined the lesbian. NL joining the lesbian community makes her abandon his religion commands such as prayer and fasting. Actually, she done it since she was in chaos identity, precisely when she was in high school.

Chaos identity of the subject against the background due to lack of attention from family, so this raises doubts from within him. Even more so when she had this identity confusion, he had been away from religion and God, so that when doing something she did not think long anymore. In this case when she was not considered by the parent, then the thoughts that appear to support the newly formed personality, thinking this is a look for satisfaction outside the home or outside the family.

Searches outside of family fun in shaping the personality of the chaotic NL. This is because the environment he encountered did not educate him to be closer to God, even the people are increasingly distanced from his religion. This incident is not too wreaks havoc on the self-

identity of the subject in depth Leih, because the family that she has not given any attention when I learned that the subject had chosen that path and deviate away from her religion.

In contrast to the events experienced PT. after family learned about children who have same-sex couples, the response shown by his family is giving back as much attention. So there are the changes that occurred when she was at home, although she is still not able to perform prayers five times back in full, but he had a desire to try to complete it. It's just that this incident could he do when he is home because when he was at home, there are families who provide care and support all of its activities. In contrast to when he was in Semarang, Semarang environment in which he frequently interacts with people lesbian makes her feel uncomfortable when doing things that the community does not do.

Of environmental factors, religion, and family then things that get special attention when someone is undergoing treatment. When a person is undergoing treatment and support should it wish she had. Support from the people closest family can heal disorders like that of the client. Since most of the family will begin to get closer to her religion and her god is with that child's personality can begin to be realigned.

## b. Changes behavior

When subjects were given treatment, then there are some behaviors that began to change. This is caused by the desire of the subject itself to cured so she gradually changing attitude in her. This change does not occur directly as such, but there are steps that the subjects did so she did not leave an impression on the lesbian community that she wants to be hetero.

People who really want to cured the changes that adapted to the person's will. Giving treatment and support from people around just a form of support, but also keep it all again on the subject. When there is support and treatment went well, but on the subject there is no desire to heal it difficult in the healing phase of the subject, and opposite that.

Dependence is not very present in PT because she is busy with school activities and when there is a time to gather with her lesbian people sent home, so it makes him not too hung by the community. This event is different from NL and PS, where the two men were indeed convinced that she was a lesbian person that nothing can change that.

Differences in the behavior of the PT look after she got treatment from investigators. Treatment is given over to minimize the habit she met with the lesbian community. Not only that a given treatment has the support of her family so it's easy for her healing path.

Behavior change given to PT is shown 2 months before being given treatment, thus giving this treatment done to convince the subject on the wrong choice when choosing a same-sex love when she let down by men. So from this treatment that can be seen is the start of she habits in interacting with the opposite sex. Trauma she had experienced not too makes weight for his survival. So that the changes are given of themselves over to the client for the client's healing process.

PT and two other subjects have different response after given treatment. It can be because of the two subjects is not a desire to get well, so even if treatment is given in a way that forces would not be able to change both the clients. Moreover, both the client does not get enough attention from her family, so this makes the second client is not too concerned with the treatment given researchers.