CHAPTER I

INTRODUCTION

1. Background

Personality in children can form when they are in the golden age that the first 5 years of age. This corresponds to Freud who argued that the basic structure of the personality is formed by age 5, and personality development after the age of 5 years is an elaboration of the basic structure earlier. Formation of the child's personality at this age can be molded into a good and bad thing in accordance with the wishes of the parents, so that the desired personality pattern formation can be done at this age.¹

In the developmental stage, the child has stages that must be passed to establish a healthy personality when it passed well. Stages of personality are divided into three, namely infantile stage (0-5 years), latent stage (5-12 years), and genital stage (> 12). The third stage is when the child can be through by the well and through the guidance as well as protect from the parents, then the child will develop a good personality this is suitable with the formation of the parents.

Personality development of the child is determined and supported by the instinct of sex, where sex instinct is bound to biological development, so this stage is called the stage of

¹ Alwisol, *Psikologi Kepribadian*, UMM press, Malang, 2010, p. 29

infantile sexual.² In this stage the character of parents have dominations, because if parents didn't give true knowledge to their child so it's going to have deviation sexual happen when they grow up, so instruction from parents have to did since they were a child.

After in infantile stage, parents also have to attention with personality child. If occur a deviation or habit which not true to behavior child, so parents must take the preventive to their child. After from this stage that is 0-5 years, child will meet phallic phase. The important development in this is Oedipus complex, which have followed with the phenomenon of *castration anxiety* (in son) and penis envoy (on the daughter).³ Coming of Oedipus complex because of son want to get mom and opposite for that daughter will do same activity and deny her mom. But in the next stage, Freud change his view that the daughter has important relation with her mom to understand development of psychosexual which have influence her in Oedipus complex stage. So this category can include in infantile stage.

Once past the infantile stage, the child will enter the latent stage. At this stage the child will develop the ability in various fields. This is because children develop the ability to sublimation. The ability for child to sublimation can use to change their libido with something which have relation with something non sexual

² *Ibid*,.. p. 30

³ *Ibid...*, p. 31

especially in their intellectual, sport, skills and friendship. Ability at this stage will form on a child's proficiency in a particular field. So if the parents want the child to run an adult future profession or interest, then it should be initiated or stimulated at this age.

Stimulation provided to the child can be continued at this stage we do now that the genital stage. This stage children begin to think mature, so whatever is given by the parents and will be reviewed by the child Think first before they decide to learn it. genital phase will continue until their parents, which is where the peak of sexual development is achieved when an adult experiencing personality maturity. Thus giving direction in the early stages of genital needed to guide children not to do things that are unwanted in child sexuality stage.

Except that, Freud have assumption that every person was born is bisexuals, where they have interest felling with homo or hetero. The felling from mother to her daughter give the description how the comfort her if near with same sex than opposite sex. This will coming perception to women that relation with same sex is better than opposite sex and man sometime have same argument also about that. The event like this was not anything out of the incredible, because DR. Benjamin Spock said in his book *membina watak anak*, that most of sex identity from the influence gland of sex, but the most of sexual identity from good identification with parents who have same sex. Here he also

explained,⁴ the motive from this event can seen for relation parents and child which unnatural, although gland of sex in his child is normal.

From that explain, we can know that the attitude of carefully from parents in form of personality and do something must be guarded, because this has effect to them in the process form of personality. One of method from parents in personality form child is explaining about identity in them and all of that must them do. Not only that, they also introduce to sexuality and application in daily activity. Here can do when child in genital phase. In this phase, a child began thinking old. So here the parents can enough education which suitable with their gender.

Giving instruction and rules also must do carefully. Because of a case mention that, someone who gets themselves opposite with reality so this because of parent command for son have good attitude like respectful and soft-spoken. From the case can appear form of son characters, which have specification to daughter personality that soft-spoken do daughters give one of characteristic, same case if this. Not different with son, if daughter always give something that same with son then her will be like a son. So the result from unconsciousness of parent in forming child characters will effect in their future and many parents unaware about this.

⁴ Benjamin Spock, *Membina Watak Anak*, translator Wunan Jaya, Offset Gunung Jati, Jakarta, 1982, p. 523

Sexual disorder that occurs in children is what we call a homosexual. Homosexual usually seen by most people only to same-sex male pairs, but in fact homosexuality is a form of deviant sexual behavior, characterized by an interest in feeling (love, relationships and the emotional or erotic) against sex the same, with or without sexual contact with the mouth (oral sex) or anus (sodomy, anal sex).⁵ From this exposure, homosexuality itself is a term that has a diversity of lesbian women and gay for men. Not only that, those that are called by bisexual and transgender or what they call the LGBT.⁶

Lesbian is terminology for woman who has specific orientation sex to same woman or a woman who interest and like with same gender from physical, sexual, emotional, or spiritual aspect. Lesbian is a woman who has emotional-erotic and sexual relation with woman where they have same condition, that is love with same sex. The people like this, usually have place or organization can make to channel information by them. Like LAMDA INDONESIA in solo. Homosexual people build this place with the purpose as place for communication, form and

⁵Dadang Hawari, *Pendekatan Psikoreligi pada Homoseksual*, Balai Penerbit Fakultas Kedokteran Universitas Indonesia, Jakarta, 2009, p.36

⁶ LGBT is an initialism that collectively refers to Lesbian, Gay, Bisexual and Transgender community. The term LGBT is intended to emphasize a diversity of sexuality and gender identity based cultures and is sometimes used to refers anyone who is non-heterosexual or cisgender instead of exclusively to people who are homosexual, bisexual or transgender, see more in http://en.wikipedia.org/wiki/LGBT.

implant self-identity, try to change society view for them and as center of information to homosexual or lesbian.

NL is lesbian, she said that, "someone who this label (lesbian) if she comes and share with psychologist so will command to try change her gender became a man and this is have been 6 to 12 months. If she comfort with the line of time so they can change their sex with operation, but if can't so she will stay in their sex "

In psychological aspect, sexual disorder in lesbian and gay usually called with sexual identity disorders, where this forming disorder from their character since they born. This disorder will continue if child didn't get care from parents and this condition will be seriously because the effect is in behavior child.

Islam also has terminology to this disorder. Sufferer of sexual disorder specific in woman, in fiqih called "kal untsa", whereas specific in man is "sahaq".⁸ Called kal untsa because of the sex of them is women, but some of them have character like man. So here some of them are acting as women and some man act as. Beside kal untsa and sahaq, there is Khuntsa. Khunsa have meaning someone who is doubtful sex, whether male or female.⁹

⁷ Interview at 27th December 2012

⁸Abdul hadi. *Teologia Jurnal Ilmu-ilmu Ushuluddin (kasus transeksual dalam neraca al-qur'an)*, Fakultas Ushuluddin IAIN Walisongo, Semarang, 2004. p. 111

⁹ Zunly Nadia, *Waria dalam Prespektif Hadis*, Pustaka Marwa, Yogyakarta, 2005, p. 80

Doubted because of their gender behavior and the nature of their opposite nature's God has given to him.

Although here the Ouran confirmed that in reality there is homosexual, it does not mean that Quran agree but even Quran still condemned homosexual act and punish those who do. 10 It's is like in prophet Luth era.

As we know that many verse in the Quran which explain about homosexual, and which have relations with this title is story of prophet luth. Some of those verses are in hud: 78:

This verse explains that community of prophet luth when given their daughter, they refused and his guests prefer one sex with them. And the next verse explains that they didn't have want and desire to daughter of prophet luth, because they just want to do homosexual guests him. 12 So the attitude from them, Quran also explain in al-ankabut:29:

 $^{^{10}}$ قالوا يلوط انا رسل ربك لن يصلوا اليك فاسر باهلك بقطع من اليل ولا يلتفت منكم احد الاامراتك. انه مصيبها ما اصابهم. ان موعدتهم الصبح. اليس صبح بقريب. 11 Yayasan Penyelenggara Penterjemahan/Pentafsir, Al-Qur'an dan

Terjemahnya, Departement Agama, 2005, p. 230

M Ourays Shihab, Tafsir Al-mishbah, Lentera Hati, Jakarta, 2002, P. 312

أئنكم لتأتون الرجال وتقطعون السبيل وتأتون في ناديكم المنكر.٣٠

In this verse, describe that the people in prophet luth era didn't have shy to showing for them existence to public about their habit, that is sexual intercourse in public places.

Events like this not only in prophet luth era, but the practice of homosexual also done by teenagers and adult. With the argue comfort and follow the time, they choose same sex to became couple in their life. But the reality different with dream, they didn't freedom to explore their feeling like in prophet luth era. Now just some country which agree with homosexual practice, because more looses than gains. So with this forbid, many homosexual close them identity than have to face with the law.

The fact homosexual people want to see equality. Like hetero, the people of homosexual have expectation to get couple and marry. But many countries which reject with them and this are Indonesia too. Different with Thailand and Canada countries, in both of them have permit that homosexual people can marry in there like hetero did. Not only have that, in this country also given right and protection with the form of registry (identity card).

Discuss about identity card so we talk about their status in our country which specific in men or women. If we talk about that so we also talk about their marriage status. Whereas as we know

¹³Yayasan Penyelenggara Penterjemahan/Pentafsir, *Al-Qur'an dan Terjemahnya*, Departement Agama, 2005, p. 399

Islam forbid homosexual with reference God's commandment in surah an-Naml: 54. In this verse has description that God created something with couple and command them to canalized the desire with opposite sex because any animal lust sex with opposite sex, that men and women and the male and female. And in next verse that men can meet women by visiting lust sexual as like humans, not opposite. This is because such action would be bad for health and their descent, and will get the punishment of God in this world and the hereafter. Is

Marry is compatibility in choose the couple of life. So in this progress era, the oddity often happens. Many people more comfort with them couple which same sex than other sex. But marriage with same sex is one of prohibition can stop generation, because marriage same sex can't produce the new generation.

Not only that, the marriage same sex has prohibition because of opposite from the fate, like in homo. They do coitus with anus. The basic of this prohibition is hadis:

عن ابن عباس قال: لا ينظر الله الى رجل اتى رجلا اومرأةٍ فى دبرها 16 As we know, not only explain from that hadis but in medic the coitus with anus is one of method which didn't healthy.

In marriage same sex, many factors that influence forming identity of lesbian, like biological factor, their community,

¹⁴ M. Qurays Shihab, Op. cit, p. 465

¹⁵ M. Qurays Shihab, *Op.cit*, p. 467

¹⁶ Muhammad bin Ismail Al-kahlani, *Subulussalam*, باب عشرة النساء , Juz 5, P. 24

generation, wrongness in education, and area where their life. All of can influence, so that we can keep ourselves not to be involved in sexual perversion is ourselves.

Sexual deviations that occur in lesbian people can be prevented and treated using Islamic psychology. In Islamic psychology taught that a person's behavior depends on the type of ruling in her soul.¹⁷ So if someone was always close to God and perform deeds to always get closer to Him, then it will have an impact on their behavior. They will always be obedient to God's commands and avoid prohibitions. It is inversely proportional when a person's soul away from God. They would not behave this is suitable with the religious corridor. One's soul will feel empty, and this will impact on the mental and behavior.

To avoid and treat people who have a mental disorder, then Islam has a way to treat them. This is like that happened to lesbian people. Lesbian people, most of them do not follow the teachings of religion and much to his Creator, so that makes them feel not a problem when doing such deviations like the same sex. And this they know that their do was wrong, but because far as God, they are not willing to know more about the law or the prohibition they do.

Of their treatment is far from the norm as well as religious orders, then religion is often instructed his people to make dhikr.

10

¹⁷ Tamami HAG, *Psikologi Tasawuf*, Pustaka Setia, Bandung, 2011, P. 39

Dhikr is an easy way and do not interfere with their activities. This dhikr orders appropriate when used as initial stimulus to deal with the lesbians. They are far from religion, if little by little will do dhikr then be able to change the behavior of deviations which they did. This behavior can be used so that effective therapies for lesbian people.

Dhikr can be a therapeutic concept in the psychology of Islam. In therapy based on Islamic psychology, researchers used some therapies they are progressive relaxation, positive thinking and meditation therapy dhikr. The third treatment will be given to the subject in hopes of bringing change when they are given therapy.

From the above presentation, the author would like to submit an issue. That is how the treatment is effective for dealing with people with mental disorders including lesbian? So of these problems, the authors are interested in doing further research with the title, "Treatment on Lesbian in the Perspective of Islamic Psychology (A Study on LWI (Lesbian World Indonesia) Semarang)".

2. Research Question

From above elaboration about identity of lesbian, treatment in the perspective of Islamic Psychology, the coming significant questions are:

What are the strategies to treat lesbian according to Islamic psychology?

3. Purpose and Significant of Research

1. Purpose of research

The purpose of this research is:

 Researcher wants to understand and find the right treatment for lesbian people are based on Islamic psychology.

2. Significant of research

The significant of this research is to solve the problems on research question and the usefulness of this research is:

- a. For researcher, to enrich researcher's intellectual particularly on issue of lesbian
- b. For academic, to add a reference to the scientific heritage of homosexuals including lesbian.
- c. For society, this is expected to be a discourse to them in order to see those lesbian or homosexual is not only from one viewpoint.

4. Prior Research

Here researcher look at the thesis before, that is: "Struktur Kepribadian dalam Perspektif Psikoanalisa (Studi Kasus pada Lesbian)", arranged by Rohmi Hidayati (skripsi), UIN Malang.

In this thesis, Rohmi Hidayati explains about the theory of psychoanalysis by Sigmund Freud which in lesbian self. She many focus in the structure personality lesbian and use graphic test like HTP, DAP, BAUM, and TAT (Thematic Apperception Test) as media to knowing characteristic for them. From that research¹⁸, show that the identity confusion, denial for the same sex will them did. They close the identity (homosexual) from outside world because many people can't accept their, so many people didn't know if them are different. This is done because they can exist in the way of their social life.

Here also explained that the fact is many lesbian came from the background of good religion. In Rohmi research's mention that subject of lesbian ever study in boarding school also. Past experience which her parents can't take strict action when their child rape and that make her has felt condescending and unconfident to something happened in her body. Not only that, after join in boarding school, she finds someone who can appreciate with her. From here appear some different felt and she began amazed with women. More explanation from her that one of reinforcement for appears this feel is when she looks and observes physique everybody. Since at that time she has feel admirer, like and can't stop this feeling until she enjoy with that.

From the prior research which done by Rohmi Hidayati, here is found similarity which done between researcher and prior researcher, that is about identity lesbian. But, here the researcher not enough explain identity. In this mini-thesis will explain about

Rohmi hidayati, *Struktur Kepribadian dalam Prespektif Psikoanalisa (Studi Kasus pada Lesbian)*, thesis of psychology faculty in State Islamic University (UIN) Malang, 2007.

treatment and Islamic sexual education, where the researcher will discuss how to prevent sexual disorder if researcher hooks with Islamic sexual education.

The difference between researcher and prior researcher can be hand-grip to this research, with take the similarity research that is about lesbian.

5. The Method Research

a. Types and Method of Research

Researchers took the study on treatments for lesbian people using the perspective of the psychology of Islam with qualitative research. Researcher using this method because wants to find and understand about something that still secret in the reality, ¹⁹ and this is about lesbian.

To achieve these purpose, researcher use qualitative research methods, where this method use to humanistic knowledge or interpretative technically more emphasis in text study, participant observation or grounded research. ²⁰ Besides focus on qualitative methods, in this thesis will use phenomenological approach. In general, the phenomenology psychological research have goal to clarify the situation

14

¹⁹ Anselm strauss and Juliet corbin, *Dasar-Dasar Penelitian Kualitatif*, Bina Ilmu, Surabaya, 1997. P. 13

²⁰Tim revisi buku pedoman skripsi, *Pedoman Penulisan Skripsi*, Fakultas Ushuluddin IAIN Walisongo, Semarang, 2007, P. 23

experienced everyday life.²¹ So this approach is used by researcher to find meaning, value, perception, behavior and decision of the process of forming lesbian identity we can look at from various aspects.

While the specification of the study, researchers used a descriptive specification. This is a descriptive data collected in the form of words, pictures, not numbers.²² Used this because of researcher have goal, that is to make the data in a systematic, factual, and accurate information on the facts and the properties of a particular population or area.²³

In here use data collection with qualitative descriptive the phenomenological approach, the researcher tried to present the data in accordance with the conditions related to the discussion of the study. In this research explain about three subject they are NL, PT and PS. This subject is members of the community Semarang LWI. Not only was researcher also explained about the treatment that is used to dealing with people where it is they are lesbian NL, PT and PS.

Researchers used a treatment on the basis of Islamic psychology. In Islamic psychology to deal with a disorder of sexual deviation can use some effective strategies to be given

²²Sudarwan Danim, *Menjadi Peneliti Kualitatif*, Pustaka Setia, Bandung, 2002, P.51.

Jonathan A.smith, (ed.), *Psikologi Kualitatif: Panduan Praktis Metode Riset*, Pustaka Belajar, Yogyakarta, 2009, P. 52

²³Sumadi Suryabrata, *Metodologi Penelitian*, PT. Raja Grafindo Persada, Jakarta, 1995, P.18.

to the subject. Lesbian sexual deviance disorders such as these can be used progressive relaxation therapy strategies, positive thinking and meditation dhikr. The third treatment is the most effective thing to know the change in subject. It means that the reaction is given of this therapy is not long, so the response of this therapy can be seen at least a day after the given of treatment.

Progressive relaxation is the first therapy given by researchers to the subject. But before giving relaxation therapy subjects there first steps that must be provided to the client is free association. This is a free association study done by a therapist to the client to determine the cause of the disruption. The purpose of providing this free association is given to the client so that the client feels uneasy memories of their past, so after feeling therapist provides relaxation for the client feel at ease. In granting relaxation there are things that can be achieved by the therapist to the client included the suggestion that this suggestion will be implemented by the client on her conscious conditions.

After relaxation therapy, the next step is to think positive therapy. At this therapy research provides guidance to clients to always be positive minded when they want to get back at the beginning of their natures. From here later will lead to a good response when the subject will start their day. This is because after the therapy given positive thinking,

subject given suggestions on approaches her with Allah that will be established by the thought of her that Allah will always at her side and guide her to recover.

Last therapy was given to subjects such as meditation dhikr. Meditation dhikr is used to guide the subjects used to refer to the names of Allah. In this dhikr meditation researchers used multiple pronunciations of *Asmaul Husna* to be given to subject. By saying some pronunciation through matter, expected later after the therapy is completed then the subject will continue to apply into their daily lives.

Researchers gave the subjects therapy for 3 weeks. Within 3 weeks the subjects are given one by one therapy with one-week distance of time. Response after therapy can not directly change the subject into their natures, but their starting response to the existence of consciousness that a woman have to a male partner. Once aware of their nature, then by their own will provide lesbian changes in her, like the start to give the distance to their communities, their partner, and usually they are already aware of their fate, they will begin to nearing to Allah.

b. Sources and Types of Data

Data source is a way for the data used in the research of the subject. Data sources can be divided based on the data obtained, namely:

1) Primer data

Primer data or data first hand is data obtained directly from study subjects wearing a measurement or retrieval of data directly on the subject as the source of the information sought.²⁴

Data primer obtained from the direct subject of the research, namely the members of the lesbian community in the city of Semarang. Study subjects here amounted to three people. They are NL, PT and PS. The primary data obtained from interviews and direct observation with the three subjects, so that all data is valid can be justified.

2) Secondary data

Secondary data or second hand is the data obtained from the other party, not directly obtained from the study subjects directly.²⁵ The data here can be obtained from family, friends, or the environment of the subject. More than that secondary data is also obtained from the researcher community LWI where this community is their gathering place. Not only that friends of where they studied also be used as data. It is used to reinforce the data of subjects besides the point of view of the subject alone.

²⁴ Saifuddin Azwar, *Metode Penelitian*, Pustaka Pelajar, Yogyakarta, 1998, P. 91 ²⁵ *Ibid...*. P. 91

c. Methods of Collecting Data

In collecting the data, there are some methods used by researchers, they are:

a Interview

Interview method is process obtain information for research purposes by way of face-to-face with a Question and Answer between the interviewer with informants.²⁶ In this interview, the researcher wanted to obtain data about things related to lesbian Semarang.

Interviews with the subjects were first done on 27 December 2012 at a shopping mall Semarang. Subject in the first interview is NL and PT, after then is PS. PS in the last interview because researcher meets her when joins with their community. So researcher has fell interest to discuss and became her as subject.

Interview stage was done first because lesbian community is one that is difficult to enter closed by the researcher. In addition, not all communities can be directly closed to researchers who believe in and researching their communities. Case which is leading researchers using interview stage a few times with the subject and after that joins in their group.

19

M. Burhan Bungin, Penelitian Kualitatif: Komunikasi, Ekonomi, Kebijakan Publik, dan Ilmu Sosial, Prenada Media Group, Jakarta, 2010, P.108

Interview given to three subjects include things that make them go in the lesbian world. Not stop there researchers also interviewed the subjects about the past that makes her uncomfortable so later past this they made an excuse to join a lesbian. More researchers in this interview questions are related to psychopathology subjects, where there examines the originator of the disorder (precipitating), conditioning of subjects since they were little (conditioning), they had experienced trauma (traumatic event).

Not only that interview, here has researcher also asked about the activities of the community that they often go where this community is LWI. Researcher reviewed about the activities of LWI that they go at each end of this week.

Other than from the three subjects, the researchers also interviewed people who frequently interact around which a subject is the subject of friends. In conducting interviews with friend subjects, researchers examine more about this subject three attitudes do when they are in a different environment with them. This Interview with friend subject will be done before the subject was given treatment and after the treatment. So from here the researchers could

determine whether or not differences in the attitude of the three subjects after a given treatment.

b. Observation

Observation method is observation deliberate, systematic social phenomenon familiar with psychological symptoms to be recorded later.²⁷ These observations are used by researchers to observe firsthand about the activities carried out by the subject, especially when they are in the community.

The researchers done observations used the researcher to know more lesbian lives when they are in a community. Not only that this observation also gives a description of the world as well as evening activities when they do get together.

Observation by researchers over the when the subject is in their community. So here the researchers could see the direct interaction of the three subjects when come together in one community. Not only was researcher also made some observations on where they studied. So it could later compare the difference when they interact with the community, as well as friends in a learning environment with the opposite sex.

²⁷ Joko Subagyo, *Metode Penelitian: Dalam Teori dan Praktek*, PT Rineka Cipta, Jakarta, 1991, P.63.

c. Documentation

Documentation is a record of events that have passed. Documents can be in the form of text, images, or someone monumental works.²⁸ This method is a supporter of the research, because with the documentation will easy researchers in describing the data.

There is documentation in the research is to support the results of the data obtained by the researcher. The researchers documented use is photos, videos and recordings. Three kinds of documentation get researchers in the can when it is observed with subjects within their communities. As for the documentation such as video, researchers took video images when the subject is being together with their communities. After that for recording and photographs researcher directly get from subject.

6. Writing Order

To getting of description about systematic of writing so in this section will be explain about global summary, that are:

CHAPTER I: Chapter that describe about the background why take this title. Not only background of problem, formulation

22

²⁸ Sugiono, *Memahami Penelitian Kualitatif*, Alfabeta, Bandung, 2010, P.82.

of the problem which is used as basis of research, the purpose and benefits of research can also be seen in this chapter.

CHAPTER II: explain about review of the literature that helps to analyze and add the data. Here presented some of theories which discussed about lesbian and the effective strategy treatment for them. To strengthen the analysis, researcher takes one of main theory to support this research.

CHAPTER III: in this chapter explain about the method which used researcher to get the data of the complete object. It will also include the type of research that used as the main design. Then specify the focus of research and discussion followed on the next chapter. Researchers in this chapter also describes the application of the treatment to be given to lesbian. Not only is it here will also discuss about the lesbian group in Semarang and the activities they do.

CHAPTER IV: here will be explaining about all of data obtained in the field. The first explanation is described of the subject research one by one. Then researchers try to give analysis about treatment for them which have basic of Islamic psychology.

CHAPTER V: this chapter is last of the process research. Its mean in this chapter the researcher will present final result from the explanations of the previous chapters which have been elaborated in the research.