

## **CHAPTER V**

### **CONCLUSION AND SUGGESTION**

#### **1. Conclusion**

Lesbian is one of sexual disorders which girl has felling with girl also. This disorder can occur because of environment factor, traumatic factor and innate factor. These factors may begin to occur in children when they are in phase phallic, and when in this phase if existing problems in children do not get immediate treatment will be carried on by the subsequent phases of the child.

The strategy that given by Islamic Psychology when face with lesbian there are three stages: progressive relaxation therapy, positive thinking and meditation dhikr. The third treatment will lead to a good response if there is a desire to recover from the client. Not only was the support of family and giving understanding of the client religion will easy therapy process.

#### **2. Suggestions**

##### **A. for family**

- a. Knowing and understanding something who needed by subject, its mean something beyond the wishes of her parents.
- b. Growing confidence in the subject that everything in her there must be wisdom in deed.

- c. Accept the condition of subject and all of the past with sincerity
- B. for lesbians
  - a. Try to control sexual desire and change to something which positive activity.
  - b. Try to aware that environment can't receive the true of subject condition so she should turn out to be a better person.
  - c. Believe that everything which happened there is wisdom in deed.

### **3. Closing**

Those what the writer could perform about the work of Sigmund Freud and friend. Praise be to Allah, who has given everything to writer. Without His love and compassion, surely the writer would not be able to complete this exhausting final task. After streaming blood and tears, the writer is finally able to complete this final task well.

Peace and salutation may be upon to beloved prophet Muhammad SAW, his inspiring attitude, indeed, inspires the writer to face bravely the storm eventually comes closer and makes too much disturbances in the process of work settlement.

Despite this paper is far from perfect, it is finished on time. With love and compassion coming from the depth of the heart writer says thanks to all those who have helped resolve this

paper. The writer hopes that this paper provides a useful contribution for the triumph of science. Nothing is wasted the world, blood, tired and tears watered this paper in the course of settlement may provide a lesson for the writer. And finally, this paper is still very far from perfect. As common human being, the writer is impossible free from mistakes, thus, she really excuse for those errors. Hopefully, this writing gives such benefits to scientific discourse.

Unforgettable thanks to Sigmund Freud and friend, may God bless them.