CORRELATION BETWEEN TAWAKKAL AND SELF CONCEPT OF FUPK DEPAG STUDENT PERIOD 2009



THESIS

Submitted to Ushuluddin Faculty in Partial Fulfillment of the requirements for the Degree of S-1 of Islamic Theology On Tasawuf and Phsycotheraphy Departement

By:

AYU MARDIANA NIM: 094411039

USHULUDDIN FACULTY
STATE INSTITUTE FOR ISLAMIC STUDIES (IAIN)
WALISONGO
SEMARANG
2013

RATIFICATION

This paper was examined by two experts and passed on December 18th, 2013. Therefore, this paper is accepted as one of requirements for fulfilling Undergraduate Degree of Islamic Psychology.

Chairman of Meeting

Dr. Hasyim Muhammad, M.Ag NIP. 19720315 199703 1 002

Academic Advisor I

Examiner I

Prof. Dr. H. Abdullah Hadziq, MA

NIP. 19500103 197703 1 002

Academic Advisor II

Dr. Syafi'I, M.Ag

NIP. 09650506 199403 1 003

Fitriyati, S.Psi, M.Si

NIP. 19690725 200501 2 002

Examiner II

Dr. zainu Adzfar, M.Ag

NIP. 197/30826 200212 1 002

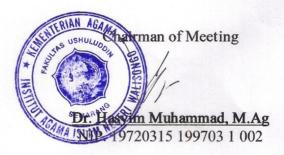
Secretary of Meeting

Dr. Sulaiman Al-Kumayi, M.Ag

NIP. 19730627 200312 1 003

RATIFICATION

This paper was examined by two experts and passed on December 18th, 2013. Therefore, this paper is accepted as one of requirements for fulfilling Undergraduate Degree of Islamic Psychology.



Academic Advisor I

Examiner I

Prof. Dr. H. Abdullah Hadziq, MA

NIP. 19500103 197703 1 002

Academic Advisor II

Fitriyati, S.Psi, M.Si

NIP. 19690725 200501 2 002

Dr. Syafi'I, M.Ag

NIP. 09650506 199403 1 003

Examiner II

Dr. zainul Adzfar, M.Ag

NIP. 19730826 200212 1 002

Secretary of Meeting

Dr. Sulaiman Al-Kumayi, M.Ag

NIP. 19730627 200312 1 003

DECLARATION

I declare that this thesis is definitely my own work. I am completely responsible

for content of this thesis. Other writer's opinions or findings included in the

thesis are quoted or cited in accordance with ethical standards.

Semarang, November 26th, 2013

The writer,

AYU MARDIANA

NIM: 094411039

ίv

MOTTO

فَبِمَا رَحْمَةٍ مِّنَ اللّهِ لِنتَ لَهُمْ وَلَوْ كُنتَ فَظَّا عَلِيظَ الْقَلْبِ لاَنفَضُّواْ مِنْ حَوْلِكَ فَاعْفُ عَنْهُمْ وَاسْتَغْفِرْ لَهُمْ وَشَاوِرْهُمْ فِي الأَمْرِ فَإِذَا عَزَمْتَ فَتَوَكَّلْ عَلَى اللّهِ إِنَّ اللّهَ يُحِبُّ الْمُتَـوَكِّلِينَ وَاسْتَغْفِرْ لَهُمْ وَشَاوِرْهُمْ فِي الأَمْرِ فَإِذَا عَزَمْتَ فَتَوَكَّلْ عَلَى اللّهِ إِنَّ اللّهَ يُحِبُّ الْمُتَـوَكِّلِينَ وَاسْتَغْفِرْ لَهُمْ وَشَاوِرْهُمْ فِي الأَمْرِ فَإِذَا عَزَمْتَ فَتَوَكَّلْ عَلَى اللّهِ إِنَّ اللّهَ يُحِبُّ الْمُتَـوَكِّلِينَ

"It is part of the Mercy of Allah that thou dost deal gently with them Wert thou severe or harsh-hearted, they would have broken away from about thee: so pass over (Their faults), and ask for (Allah's) forgiveness for them; and consult them in affairs (of moment). Then, when thou hast Taken a decision put thy trust in Allah. For Allah loves those who put their trust (in Him)."

{Qs. Ali Imran [3]:159}

ABSTRACT

Author : Ayu Mardiana

Title : Correlation between tawakkal and self concept of FUPK

Student Period 2009.

Institute : State Institute for Islamic Studies (IAIN) Walisongo Semarang

Faculty : Uşhūluddīn

Department : Tasawuf and Psychotherapy (TP)

Tawakkal is the submission of all the efforts made to God and submits completely to Him, and have a true belief about the power and the desire of God, and feel calm, peaceful and happy of the situation arising from the influence of the environment that are around him in spite of the happy or hard.

self concept has a dynamic characteristics, as formed from affective elements, the self concept of person can be considered positive or negative. According to the views of phenomenology, self-concept composed from perception of self that contains a special meaning in the process appreciation, so that self-concept can also to be subjective.

The sampling technique uses purposive sampling, which is the total of responden decided by researcher based on certain characteristic. Hypothesis test using product moment analysis helped by SPSS Windows version 16.0.

Before hypothesis test, first to test assumption for normality and linearity test. And the result of hypothesis using product moment analysis can be obtained coefficient r is 0.532, and P=0.202>0.001. It means that there is significant correlation between *tawakkal* and self concept.

ACKNOWLEDGEMENT

بسم الله الرحمن الرحميم

Glory to God who created all, to man He gave special place in His creation. He honored man to be His agent, and to that end, endued him with understanding, purified his affections and gave him spiritual insight. So that man should understand nature, understand himself, and know God through His wondrous Signs. Glory Him in truth, reverence, and unity.

The Glorious God who sent Muhammad (PBUH) as Messenger, preaching and working in the dim twilight of history. He stood for all humanity, orphans, women, slaves, whom the world neglected or oppressed. And he comes to me, bringing the light to lighten the shadow, disclosing the cover of my indecision and inspiring me with his love to keep struggling, to win God's gifts. This final assignment entitled CORRELATION BETWEEN *TAWAKKAL* AND SELF CONCEPT FUPK DEPAG STUDENT PERIOD 2009 will not be finished on time if not with the help and encouragement of those who always take their time to help me accomplishing this final task. Likewise, nothing I can convey except the thanks coming sincerely from the deepest of my heart for their contributions to give moral and material assistance. I dedicate my special regards to:

- 1. Dr. Nasihun Amin, M. Ag, the Dean of Ushuluddin Faculty. I am very thankful for him. Dr. Sulaiman El-Kumayi, M.Ag as the chairman of Tasawuf and psychotherapy department, Dr. Abdul Muhayya, MA, Dr. Hasyim Muhammad, M.Ag, Fitriyati, S.Psi, M.Si, and all of my lecturers who give all their effort to lighten my mind with the light of knowledge.
- 2. My thesis advisors, Prof. Dr. H. Abdullah Hadziq, MA and Mrs. Fitriyati, S.Psi., M.Si. Their advice and encouragement are valuable for accomplishing this final task.
- 3. My Dear Parents, Mr. Suprihatin and Mrs. Musminah. Dad, thanks for your pray. Mom, love and respect are always for you. You teach me the love

Thanks for best care and valuable efforts in making my education success. I

really love you so much now and after, forever.

4. My Beloved Grandparents, Thanks for great support, and pray to me, may

Allah bless you both.

5. My Fiance: H. Achmad Nadhif, Thank for your love, care. You always give

me motivation if i have down. You are my spirit to get the best in the future.

6. A Big Family of FUPK DEPAG, especially TP class. 2009. Thanks for being

together. My Nice family, A big family of Darul Qur'an, thanks for being a

part of my life. Unforgettable thanks to my dormitory supervisors: Mb Risa

and mbak Tri thanks for your loving.

7. Everybody who appreciates a work.

Semarang, November 26, 2013

The Writer,

Ayu Mardiana

viii

TRANSLITERATION*

VOWEL LETTERS

a>	a long spelling
i<	i long spelling
u>	u long spelling

ARABIC LETTER	WRITTEN	NAME
1	no symbol	Alif
ب	В	Ва
ت	Т	Та
ث	s\	s\a
ح	J	Jim
ح	h{	h}a
Ż	Kh	Kha
د	D	Dal
ذ	z\	z\al
ر	R	Ra
ز	Z	Zai
w	S	Sin
ش	Sy	Syin
ص	s}	s}ad
ض	d{	d{ad
ط	t}	t{a

^{*} Quoted from Hasan Asy'ari Ulama'i (Editor), *Pedoman Penulisan Skripsi*, Fakultas Ushuluddin IAIN Walisongo, Semarang, 2013, p.130-132

ظ	z{	z}a
ع	c	ʻain
غ	g	Gain
ف	f	Fa
ق	q	Qaf
ف	k	Kaf
J	1	Lam
٩	m	Mim
ن	n	Nun
و	W	Wau
<u>_</u>	Н	На
ي	Y	Ya

^{*} all of the Quranic verses translation is taken from Abdullah Yusuf Ali's Quranic translation/interpretation, Abdullah Yusuf Ali, The Holy Quran, Text, Translation and Commentary, Nw Delhi, Goodwords Book, 2009.

TABLE OF CONTENT

PAGE OF TITLE	i
ADVISOR APPROVAL	ii
RATIFICATION	iii
THESIS STATEMENT	iv
MOTTO	v
ABSTRACT	vi
ACKNOWLEDGEMENT	vii
TRANSLITERATION	ix
TABLE OF CONTENT	xii
LIST OF TABLE	xiv
CHAPTER I: INTRODUCTION	
A. Background	1
B. Research Question	8
C. Aim of Research	8
D. Significant of Research	8
E. Prior Research	9
F. Writing Systematic	11
CHAPTER II: TAWAKKAL AND SELF CONCEPT	
A. Tawakkal	
1. Definition of <i>Tawakkal</i>	12
2 The Kinds of Tawakkal	16

		3.	The Level of <i>Tawakkal</i>	19
		4.	Aspect of Tawakkal	20
	В.	Sel	f Concept	
		1.	Definition of Self Concept	22
		2.	Structure of Self Concept	29
		3.	The Dimension of Self Concept	34
		4.	Pattern of Self Concept	35
		5.	Aspect of Self Concept	38
		6.	Factors in the Self Concept	39
	C.	Cor	relation between Tawakkal and Self Concept	40
	D.	Ну	pothesis	45
CHAPTER III:	ME	ETH	ODOLOGY OF RESEARCH	
	A.	The	e Method of Research	
		1.	Type of Research	46
		2.	Variable of Research	46
		3.	Operational Definition	47
		4.	Technique of Collecting Data	49
	В.	Sub	oject of Research	53
	C.	Me	thod of Instrument Analysis	
		1.	Validity Test	54
		2.	Reliability Test	60
	D.	Dat	a Analysis	61
CHAPTER IV:	RE	SUI	LT OF THE RESEARCH AND DISCUSSION	
	A.	Ori	entation of Research Field	62
	B.	Res	earch Preparation	63
	C.	Imp	plementation of Research	65
	D.	Dat	a Description of Research	65
		1.	Variable of Tawakkal	66

	2. Variable of Self Concept	67
E.	Data Analysis	53
	1. Distribution Normality Test	69
	2. Linearity Test	70
F.	Discussion	71
CHAPTER V: CO	ONCLUSION	
A.	Conclusion	76
B.	Suggestion	76
C.	Closing	76
BIBLIOGRAFY		78
ATTACHMENTS	\$	
	Attachment A	84
	Attachment B	92
	Attachment C	95
	Attachment D	118
	Attachment E	124
	Attachment F	127
CURRICULUM	VITAE	135

LIST OF TABLE

TA	BLE	PAGE
1.	Score of Item Answer	49
2.	Point of Research Instrument	50
3.	Validity Test of Tawakkal	55
4.	Validity Test of Self Concept	57
5.	Reliability Test of Tawakkal	61
6.	Reliability Test of Self Efficacy	61
7.	Total Score of Subject	63
8.	Descriptive Statistics	65
9.	Interval of Tawakkal	66
10.	Interval of Self Concept	67
11.	Classification Result of Analysis Data Description	68
12.	One-Sample Kolmogorov-Smirnov Test	69
13.	Anova Table	70
14.	Correlation	70